



Menu is Subject to Change

# MARCH 2021

## Shenandoah JK-8 Lunch Menu

Low-Fat and Fat-Free Milk  
are Offered with All Meals

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Noodle Casserole Or Tenderloin Sandwich Steamed Peas Lettuce Salad Peaches Apple Slices Choice of Milk <span style="float: right;">1</span>	Hot Dog on a Bun Or Shrimp Poppers Baked Beans Fresh Broccoli & Cucumber Slices Pineapple Chunks, Grapes Cookie Choice of Milk <span style="float: right;">2</span>	Mulberry Street Meatball Sub Or 1 Fish 2 Fish Red Fish Blue Fish Shapes Assorted Greens and Other Things Cheese Trees (Cheesy Broccoli) Blueberry Bumpings Ten Apples(auce) up on Top McGrew's Zoo Animals <span style="float: right;">3</span>	<b>NO</b>  <b>SCHOOL</b> <span style="float: right;">4</span>	<b>NO</b>  <b>SCHOOL</b> <span style="float: right;">5</span>
BBQ Rib Sandwich Or Cheese Filled Bosco Sticks Steamed Carrots Fresh Veggie Mix Orange Wedges, Pears Ice Cream Choice of Milk <span style="float: right;">8</span>	Fried Chicken Or Meatloaf Mashed Potatoes & Gravy Baby Carrots Baked Apple Slices, Fresh Fruit Dinner Roll Choice of Milk <span style="float: right;">9</span>	Beef Taco Or Chicken Quesadilla Refried Beans Fresh Broccoli & Cauliflower Mixed Fruit, Pineapple Chunks Baked Tostitos Choice of Milk <span style="float: right;">10</span>	Hamburger on a Bun Or Grilled Chicken Sandwich French Fries Cucumber Slices Applesauce Fresh Fruit Choice of Milk <span style="float: right;">11</span>	Grilled Cheese Sandwich Or PBJ Uncrustable Tomato Soup Celery & Carrot Sticks Peaches, Fresh Fruit Goldfish Crackers Choice of Milk <span style="float: right;">12</span>
Spaghetti w/Meat Sauce Or Chicken Tenders Corn Lettuce Salad Mandarin Oranges, Apple Slices Garlic Bread Choice of Milk <span style="float: right;">15</span>	Meatball Sub Or BBQ Rib French Fries Lettuce Salad w/Cherry Tomatoes Pears, Grapes Ice Cream Choice of Milk <span style="float: right;">16</span>	Turkey & Cheese Sandwich Or Hot Dog on a Bun Baked Beans Fresh Veggie Mix Pineapple, Mixed Fruit Baked Chips Choice of Milk <span style="float: right;">17</span>	Turkey Noodles Or Popcorn Chicken Mashed Potatoes Baby Carrots Peaches, Strawberries Dinner Roll Choice of Milk <span style="float: right;">18</span>	Fish Sticks Or Cheese Filled Calzone Green Beans Tossed Salad w/Spinach & Tomatoes Applesauce, Fresh Fruit Go-Gurt Choice of Milk <span style="float: right;">19</span>
Macaroni & Cheese Or Chicken Nuggets Steamed Peas Lettuce Salad Diced Pears, Fresh Fruit Dinner Roll Choice of Milk <span style="float: right;">22</span>	Walking Taco Or Chicken & Cheese Burrito Refried Beans Lettuce Salad, Cucumber Slices Grapes, Mandarin Oranges Choice of Milk <span style="float: right;">23</span>	Sloppy Joe on a Bun Or Hot Ham & Cheese Sandwich French Fries Fresh Veggie Mix Mixed Melon Fresh Fruit Choice of Milk <span style="float: right;">24</span>	Tator Tot Casserole Or Chicken Patty Sandwich Green Beans Lettuce Salad w/Spinach Blueberries, Peaches Breadstick Choice of Milk <span style="float: right;">25</span>	Cheese Stuffed Crust Pizza Or PBJ Uncrustable California Blend Steamed Vegetables Lettuce Salad Pineapple Orange Wedges Choice of Milk <span style="float: right;">26</span>
Crispitos Or Beef Nachos Corn Fresh Veggie Mix Apple Slices, Strawberries Graham Cracker Choice of Milk <span style="float: right;">29</span>	Pasta Bake Or Mini Corn Dogs California Blend Steamed Vegetables Lettuce Salad Mandarin Oranges Garlic Bread Choice of Milk <span style="float: right;">30</span>	Pulled Pork Sandwich Or Hamburger on a Bun Baked Beans Lettuce Salad Orange Wedges Applesauce Choice of Milk <span style="float: right;">31</span>		

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